



PVHS ATHLETIC PROGRAM

PALO VERDE HIGH SCHOOL IS A MEMBER OF THE CALIFORNIA INTERSCHOLASTIC FEDERATION, SAN DIEGO SECTION (CIFSDS) AND COMPETES IN THE SOUTHEASTERN CONFERENCE (SEC)–IMPERIAL VALLEY LEAGUE & DESERT LEAGUE. THE CIFSDS GREEN BOOK RULES & REGULATIONS, SEC CONSTITUTION & BYLAWS, AND PVHS STUDENT-HANDBOOK AS GOVERNED BY THE PALO VERDE UNIFIED SCHOOL DISTRICT (PVUSD) BOARD POLICIES BIND THE PVHS ATHLETIC PROGRAM.

Participation

- Participation in athletics is a privilege, not a right.
- Students must be enrolled for the school for which they are competing. (CIFSDS Bylaw 201)
- Twin Palms students and Home School students not eligible for PVHS sports (no dual enrollment).
- 8th Graders must promote first—eligibility begins AFTER the PVHS Graduation ceremony.

Scholastic Eligibility

- Student participants must maintain a **2.0 unweighted GPA**, on a 4.0 scale in the most recent grading period. Students must have passed **and** be enrolled in at least **20 semester units** (4 classes at PVHS). (CIFSDS Bylaw 205)
- The school year is divided into 2 semesters, each approximately 18 weeks in length. Each semester is divided into 2 nine-week quarters. Grade reporting occurs every nine weeks with permanent grades recorded at the end of each semester. Scholastic eligibility for participation in PVHS athletics will be determined based on quarter grades.
 - Below **2.0 unweighted** GPA=NOT Eligible
 - Above **2.0 unweighted** GPA=Eligible
- AP/Honors/PVC Classes count as regular classes without the GPA bump (Unweighted GPA: A=4.0, B=3.0, C=2.0, D=1.0, F=0).
- Grade changes (except for clerical or typographical error) will not be considered for scholastic eligibility purposes. (CIFSDS Bylaw 205.1)
- Summer school grades will be averaged with the previous semester grades and counted towards making up scholastic deficiencies (CIFSDS Bylaw 205)

Basic Eligibility

- Be under 19 years of age (Bylaw 203)
- Be currently enrolled in 20 semester units (Bylaw 205)
- Passed at least 20 semester units with a 2.0 unweighted GPA in the most recent grading period (Bylaw 205)
- Meet residential requirements with completion of 8th grade and initial enrollment into 9th grade at PVHS (Bylaw 206)
- Maximum 8 semesters of eligibility (Bylaw 204)
- **Transfer Students:** Transfer Students should visit PVHS Athletic Office to complete additional Transfer Paperwork to determine transfer classification/eligibility status. (Bylaw 207) (This includes any student who has attended another high school or is newly enrolled in the district)
- Undue influence/recruiting is prohibited (Bylaw 510)
- Participation on an “outside” team of the same sport during the high school season of sport is prohibited and results in ineligibility (Bylaw 600)
- Student-Athletes must maintain Amateur Status. Professional tryouts not permitted. (Bylaw 605)

Athletic Clearance—Online Registration

- **Go to homecampus.com to register!**
- Completion of consent forms and electronic signatures are required from **BOTH** the Student-Athlete AND Parent/Guardian.
- Students must be CLEARED for participation BEFORE trying out, practicing, or participating in any PVHS seasons of sport.
- Online Registration/Clearance must be **completed for annually** for **EACH sport/season** by the clearance **DEADLINE**.
- ***Note:** Registering for Athletic Clearance for a sport and completing required consent forms **does not** guarantee initial scholastic eligibility OR continuing eligibility to participate.

Required Athletic Clearance Forms

- Student-Athletes will not be allowed to participate in tryouts, practices, or any contests until the following are on file with PVHS Athletic Department (CIFSDS Bylaw 503)
 1. ****Pre-Participation PHYSICAL Evaluation/History**
(Submit a hard copy of the Pre-Participation Physical to be kept on file in the PVHS Athletic Office. This requires a CURRENT PHYSICAL dated **May 1 or later** for the upcoming school year).
 2. ****PVUSD Consent/Proof of INSURANCE Form**
(Bring Insurance/Medi-Cal Card to be Photo-copied and to be kept on file in the **PVHS Athletic Office**).
 3. CIF Concussion Information Sheet
 4. CIF Sudden Cardiac Arrest
 5. CIF Heat Illness
 6. CIF Ethics in Sports
 7. PVHS Steroid Use Agreement
 8. PVHS Athletic Program Guidelines
 9. PVHS Consent for Participation
- Go to the PVHS Athletic Page to download physical forms and instructions for online athletic clearance.

PVHS Sports

- General Season of Sport listed below. Refer to **CIFSDS Master Calendar** for specific *Season of Sport* start and end dates.

FALL (August-November)	WINTER (November-February)	SPRING (February-May)
Football Girls' Volleyball Girls' Golf COED Cross Country	Boys' Basketball Girls' Basketball Boys' Soccer Girls' Soccer Wrestling	Baseball Softball COED Track & Field COED Swimming Boys' Golf
YEAR-ROUND (Non-CIF Sports): Sideline Cheer / Color Guard (Dance/Flag)		

- PVHS assumes no risk for participation in *outside club/non-school organizations* that occur outside (before or after) the CIFSDS Season of Sport (CIFSDS Bylaw 600.2)
- No permissible contact by any PVHS coaches during the 14 day NO CONTACT Period during the summer. (CIFSDS Bylaw Article XX.1)

PVUSD NON-DISCRIMINATION STATEMENT

The Palo Verde Unified School District desires to provide a safe school environment that allows all students equal access and opportunities in the district's academic and other educational support programs, services, and activities. Palo Verde Unified School District prohibits, at any district school or school activity, unlawful discrimination, including discriminatory harassment, intimidation, and bullying targeted at any student by anyone, based on the student's actual or perceived race, color, ancestry, national origin, nationality, ethnicity, immigration status, ethnic group identification, age, religion, marital or parental status, medical information, pregnancy, physical or mental disability, sex, sexual orientation, gender, gender identity, or gender expression, or genetic information, or association with a person or group with one or more of these actual or perceived characteristics.

Progress Monitoring: The ABC's

Attendance

- Students must be in attendance a **minimum of four class periods** on the day of a contest/practice in order to participate in the school activity.
- Exceptions may be granted by a school administrator for doctors' appointments or other emergencies.
- Students are expected to attend school the day following a contest out of town.
- Friday attendance determines weekend eligibility.
- Student release/departure times for school activities will be determined by the PVHS Athletic Department. Head Coaches of each athletic team will submit a *Student Activities Roster* to excuse students when necessary. Students who leave class prior to the scheduled release time will be marked unexcused.
- Saturday School will be assigned to student-athletes for excessive tardiness and/or unexcused absences.
- **Students are responsible for any and all work and tests missed for a school-related absence.**

Behavior

- All students participating in school-sponsored activities including athletics shall be under the jurisdiction of Palo Verde High School and are expected to comply with all school rules and regulations. **BE SAFE, BE RESPECTFUL, BE RESPONSIBLE.**
- Expectation of student-athletes to model high standards of sportsmanlike and ethical behavior on the field, on campus, and on trips.
- Classroom misconduct may impact sport participation if students fail to maintain "good standing" behavior.
- Student-athletes will comply with the CIF 6 pillars of character: *Trustworthiness, Respect, Responsibility, Fairness, Caring, Good Citizenship*
- Student-athletes will comply with the 16 Principles of "Pursuing Victory with Honor"—CIF Code of Ethics.
- Failure to comply may result in disciplinary action from the school and/or CIFSDS.
- Administration reserves the right to determine any student-athlete ineligible at any time based on behavior.

Credits

- The focus of education-based athletics is accountability: Student 1st, Athlete 2nd
- Students must maintain minimum progress towards graduation. 5 credits per class/230 credits to graduate at PVHS.
- **Refer to *Scholastic Eligibility* for details.**
- Students are responsible for communicating with their teachers, coaches, and other school staff to promote a successful balance of academics with sport participation.
- PVHS offers support including after school tutoring and may require weekly progress checks for whole teams and/or individual student-athletes to maintain student accountability.
- Student-athletes are expected to communicate with teachers when they will miss class due to athletic participation. Students should get assignments *in advance* of their absence and complete missed assignments within the teacher-approved timeline to maintain passing grades and minimum progress towards graduation.

Uniforms/Equipment

- Students are responsible for all athletic uniforms and/or equipment issued to them during the season.
- **Washing Instructions:** Stain treat spots prior to washing. Wash uniforms in COLD water and Hang Dry with NO HEAT to ensure damages to uniforms do not occur.
- All equipment is due immediately following the end of the season or when the student is no longer participating in the sport. Students who do not return uniforms and equipment within **2 weeks** of their final contest will be **charged for replacement.**
- Fines will be assessed from replacement of any lost, stolen, or damaged uniforms and equipment.
- Students must return all outstanding uniforms and equipment before starting another sport.

PV Varsity Letter/Awards

- A "PV" block letter will be awarded to VARSITY rostered athletes who meet the following minimum requirements:
 - Athlete must finish the season in good standing (conduct and eligibility) through the final contest/playoff game.
 - Letters are awarded for significant participation (practices and games) for a significant duration of the varsity season as determined by the Head Coach.
- A varsity student-athlete will be given a "PV" letter and sport-specific patch the first time he/she qualifies for a letter. (1 time in 4 years)
- Only a sport-specific patch will be awarded for subsequent varsity-level seasons of participation (athlete has previously received a letter).
- All "PV" letters and patches will be distributed by coaches at the end of the season team gathering or banquet.
- Additional awards and recognition for achievement may be offered by individual coaches and/or teams.
- Recognition certificates will be provided by the PVHS Athletic Department for athletic participation at ALL levels (JV & Varsity)
- CIF Participation Patches and other patches are the responsibility of each individual student-athlete.
- **Green Honor Cords** are awarded to graduating **SENIOR** Student-Athletes prior to PVHS Graduation Ceremony:
 - Must meet a minimum of **3.0 Cumulative GPA** or higher.
 - Must be a multi-sport participant or multi-year/single sport athlete who participated in Yellow Jacket Athletics for a minimum of 2 years, including their current senior year.

"Once a Yellow Jacket, Always a Yellow Jacket!"

Commitment

- A commitment to excellence is required to build strong players, strong teams, and strong programs. Often times this means sacrificing social life, family trips, and other events, which come in conflict with the rigors of training and competition. Participation and good attendance in ALL team functions, including fundraising efforts, are expected.
- Committing to Yellow Jacket Athletics requires student-athletes to prioritize time management, dedicate themselves to working hard, and make responsible decisions.

Concurrent Season – Contract Required

- A student may be allowed to participate in multiple sports during the same season only IF mutually agreed upon by the head coach of EACH Sport in which the student is involved.
- **MUTUAL AGREEMENT** between players, parents, and coaches must exist to ensure that the student can maintain a focus on academics while balancing the time demands of participation in both sports, and other extra-curricular activities.
- Students who participate in multiple sports during the same season, must still meet the mandated minimum practice requirements for each sport, but not exceed 18 hours/week.
- Students must register and be CLEARED through the online athletic clearance for EACH sport in which they participate. Registering for one sport does not clear you for all sports or all seasons of sport throughout the year.

Overlapping Sports/Leaving a Sport

- A student cut from one team may want to try-out for a second sport during the same season. This is acceptable if the student has met the CLEARANCE DEADLINE for each sport in which they want to participate.
- Dropped from a team by mutual consent: A student-athlete may terminate association with a team after approval from the coach prior to dropping the team. (Meeting w/Coach Required)
- A student-athlete who quits a sport *without* approval of the coach and athletic director will be suspended from participation in any athletic program until the next sport season.
- When sports seasons overlap, a student *may not* drop a current sport to begin another. However, it is recommended that the student communicate to their future coach their interest in joining after the culmination of their current sport season.

Coach Decisions

- Team membership and playing time are not guaranteed, regardless of grade level or previous team membership.
- The decision of who makes a team, who plays at what position, and who is given the most playing time is within the sole and absolute discretion of the coaching staff. These decisions will not be reviewed by the administration or discussed with parents.
- The primary goal of Junior Varsity programs are to identify, develop, and prepare qualified athletes for possible future Varsity play. SENIORS may not play on JV. (SEC Rule)
- Some sports will hold tryouts and make cuts. Rosters will be set based on total number of participants that the program can accommodate. Additional limitations for TRAVEL Rosters.
- Coaches create TEAM policies and procedures that students are expected to adhere to. These include but are not limited to program philosophy/goals, team selection criteria, practice times and locations, player roles on team, game strategies, daily practice routine, attendance expectations, method of communication within the team, and disciplinary procedures.

Travel

- All students must travel to and from a school-sponsored activity in school-provided transportation and under the supervision of school personnel.
- The student may be released to his/her parent or guardian *following a contest* if the proper forms have been filed with the PVHS Office and special permission is granted by a school administrator at least **24 hours in advance.**

Communication Procedure

- Interscholastic athletics are a compelling part of a high school's educational program. Due to the high profile nature of competitive athletics, the coaches, student-athletes, and parents/guardians often have an emotional investment that can turn what should be a positive experience into a negative one when misunderstandings occur. These guidelines have been created to clarify the expectations for communication between coach, parent, and student-athletes at Palo Verde High School.
- The following is the chain of communication for questions or concerns that may occur before, during, or after the sport season:
 1. The student-athlete addresses the concern with **COACH.**
 2. If not satisfied, the parent/guardian addresses concerns with **COACH.**
 3. If not satisfied, the parent/guardian addresses concerns with the **ATHLETIC DIRECTOR.**
 4. If not satisfied, the parent/guardian addresses concerns with the **PRINCIPAL.**



Remember, **WORKING TOGETHER** in a constructive and reasoned manner, the most significant adults in a student-athlete's life—his parent/guardian(s) and coach(es)—can make being a Palo Verde Yellow Jacket a positive experience!

Stay Connected

- PVHS Website & **ATHLETICS** Page
→View SCHEDULES, forms, & more!
<https://pvhs.pvusd.us/Athletics/index.html>
- PVHS BUZZ-School Newspaper **FACEBOOK**
- pvhs_buzz_news **INSTAGRAM**
→Look for important announcements!
- Palo Verde Yellow Jacket Booster Association **FACEBOOK**
→Support, Donate, Volunteer!

SEASON & GAME DAY VOLUNTEERS NEEDED!!!!

Contact PVHS Athletics:

- Athletic Director: Ms. Hann
→genevieve.hann@pvusd.us ext. 2130
- ASB/Athletic Secretary: Maribel
→mrivas@pvusd.us ext. 2107

By signing this, we have read and agreed to the rules and expectations of the PVHS Athletic Program as outlined above.

_____/____/____
Signature of Student-Athlete Date

_____/____/____
Parent/Guardian Signature Date

THANK YOU FOR YOUR COMMITMENT TO YELLOW JACKET ATHLETICS!